

Miracle Morning Routine Builder



Hey momma!



It's so nice to meet you! I'm Danae Yeboah.

Are you SO ready to throw stressful mornings out the window and start your day with a few more smiles?

By implementing this system in your home, you can look forward to:

- Calmer, relaxed mornings to set the tone for your day
- Confident kids who are proud of what they've accomplished (without being told 1,000 times to do it!)
- More available brain space to be organized for getting out the door
- The chance to 'enjoy them while they are young' without feeling guilty for all the nagging and yelling (I mean...never yelling...)

Below you will find the schedules and task cards, ready to print. You will need one for each child.

Let's do this!

Step-by-Step Setup

Posted Schedule Method:

- Print off one copy per child who will be using this system.
- Cut along the 1 darker, bold dotted line of each page.
- On one of the halves, cut apart all of the task cards.
- Place the other half (not cut apart) into a page protector, or have it laminated (optional - will make it last longer)
- Post the schedule in each designated room (bedroom, bathroom, kitchen) along with the matching set of task cards within reach.
- Walk through new schedule system with child.

Individual Task Card Method:

- Print off one copy per child who will be using this system.
- Cut apart all of the task cards.
- Place each picture on an object associated with the task ("make bed" on the bed frame, "get dressed" on the dresser etc)
- Place all 'matching pictures' in the order you would like them completed in (along a row on the wall etc)
- Your child will take one task from the wall and place it on the matching picture when the task is completed. They will then go retrieve the next picture and take it to the location where that task is to be done, etc.
- Walk through new schedule system with child.

Picture Ring Method

- Print page 6 for each child who will use this system.
- Cut apart the schedules (not each individual task, unless you would like each task separate on the ring)
- Laminate the schedule cards.
- Hole punch on each schedule card and place on a binder ring.
- Hang in a location that will be easy to reach and locate.
- Walk through the new schedule system with your child.

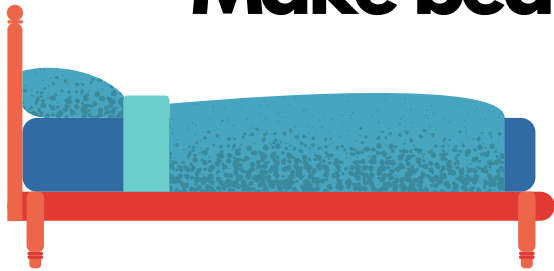


Dressed



**PJs put
away**

Make bed



**Morning
Hug**



Dressed



**PJs put
away**

Make bed



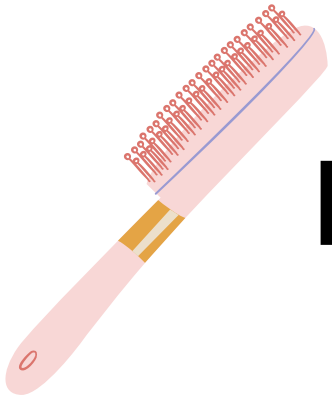
**Morning
Hug**



Toilet



Teeth



Hair



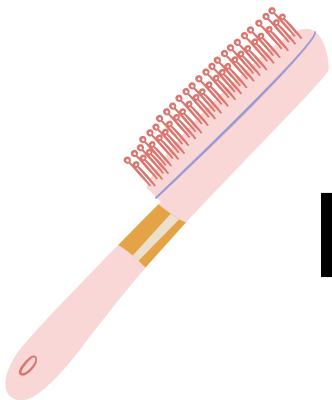
Face



Toilet



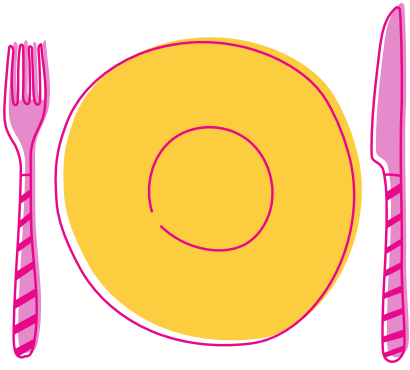
Teeth



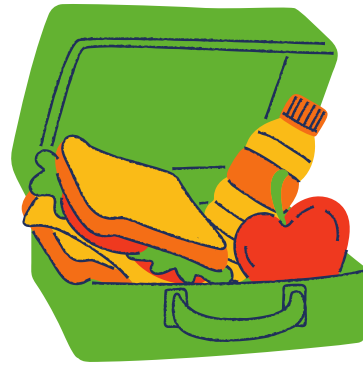
Hair



Face



Eat



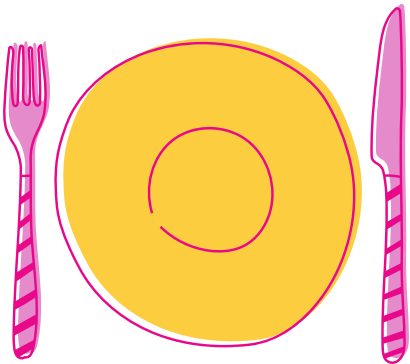
Lunch



Books



Bag



Eat



Lunch



Books



Bag

*if using the Picture Ring Method, print this page



Dressed



**PJs put
away**



Toilet



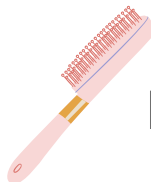
Teeth



Make bed



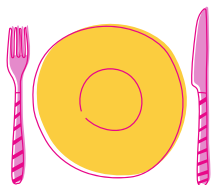
**Morning
Hug**



Hair



Face



Eat



Lunch



Books



Bag

Alright momma,

You've officially got a game-plan for stress-free mornings! Woohoo!

Does 'homework hour' cause an equal amount of chaos, stress and tears? If you have a struggling reader in your home, I'd love to invite you to check out my Reading Rescue Blueprint Program! As a Reading Specialist, I designed it specifically for busy moms who need fast results and conflict-free homework sessions. Click the button below to check it out!



As a thank-you for picking up this Miracle Morning Routine, **I'd love to gift you with a coupon code for \$5 off the program!** Just use the code "**MiracleMorning**" during checkout!

[Check it out!](#)



thank you

Thanks for downloading my Miracle Morning Routine Builder! I hope this is valuable to you and that you are able to implement this with your kids right away. Stressful mornings have a way of setting everyone off on the wrong foot from the get-go. It's so worthwhile to put the time into setting this up and getting it working for your family.

I'd love for you to hop on over to my blog where I share more helpful tips for busy moms to simplify and flourish!

Find it here: www.danaeyeboah.com

See you there!

Danae Yeboah



More tips for easier cleaning!

Easy meal planning!

I want to hear from you!

What do mornings look like at your house? Let me know how this new system works for you!



Send a message



Email me



Leave a comment



Work with me